

November Newsletter

LANGUAGE ACADEMY OF SACRAMENTO

COVID-19 INFORMATION

COVID-19 VACCINES FOR CHILDREN

Sacramento County is getting ready to roll out the COVID vaccine once it's approved for kids age 5-11. Children aged 5 to 11 will soon be able to get a COVID-19 vaccine at their pediatrician's office, pharmacies and other local vaccine clinics.

COVID-19 vaccines for children ages 5 to 11 years old are subject to the very same multi-step testing and approval process as all other COVID-19 and non COVID-19 vaccines — including those routinely recommended for childhood vaccination. Millions of adolescents ages 12-17 have been safely vaccinated, and we know vaccines work. Fully vaccinated individuals are 10 times less likely to be hospitalized with COVID-19 and have a high degree of protection, including against the Delta variant. There is **no evidence** that any vaccines, including COVID-19 vaccines, can cause female or male fertility problems. The consequences of a pediatric COVID-19 case can be serious and potentially last months.

Getting accurate information is important and can help stop common vaccine myths and rumors. Talk with your pediatrician about any questions or concerns you may have.

For more information visit: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/adolescents.html>

COVID-19 VACCINE AND A FLU SHOT DURING THE SAME VISIT?

Yes, you can get a COVID-19 vaccine and a flu shot at the same time.

- Even though both vaccines can be given at the same visit, people should follow the recommended schedule for either vaccine: If you haven't gotten your currently recommended doses of COVID-19 vaccine, get a COVID-19 vaccine as soon as you can, and ideally get a flu vaccine by the end of October.
- If you have concerns about getting both vaccines at the same time, you should speak with a health care provider.

The flu vaccination is recommended for everyone 6 months and older, with few exceptions. The flu vaccine will protect against the four viruses that research indicates will be most common this year.

WHERE CAN I GET A FLU AND/OR COVID-19 VACCINE IN SACRAMENTO?

- Visit SacVax.com for a list of combined Adult & Family Flu and/or COVID-19 Vaccine Clinics.
- Most pharmacies and medical providers offer flu and/or COVID-19 vaccines.
- You can make an online appointment at <https://myturn.ca.gov/> for the COVID-19 vaccine.
- If you need help making an appointment you can call 211 or (916) 529-4519.

INTERNATIONAL TRAVEL DURING THE HOLIDAYS

Please take the following into consideration when traveling with your children

- **Do not travel internationally until you are fully vaccinated.**
- Check your destination's COVID-19 situation and travel requirements before traveling. Countries may have their own entry and exit requirements.
- When you travel to the United States by air, you are required to show a negative COVID-19 test result or documentation of recovery from COVID-19 before you board your flight. The timing of this test depends on your vaccination status and age.
- Wearing a mask over your nose and mouth is required in indoor areas of public transportation (including airplanes) traveling into, within, or out of the United States and indoors in U.S. transportation hubs (including airports).

You might have been exposed to COVID-19 on your travels. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others. For this reason, CDC recommends the following

ALL Travelers

- Get tested with a COVID-19 viral test 3-5 days after travel.
- Find a U.S. COVID-19 testing location near you
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow any additional state and local recommendations or requirements after travel

If You Are NOT Fully Vaccinated

- **In addition to the testing recommendations above**
- Stay home and self-quarantine for a full 7 days after travel, even if you test negative at 3-5 days.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.

COVID-19 VACCINATION MANDATE FOR STUDENTS

Please take a moment to read the attached document, *California Becomes First State in Nation to Announce COVID-19 Vaccine will be Added to List of Required School Vaccinations*



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[Download](#)

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REMINDER: MASKS

Masks are required at school at all times, unless a mask break has been determined appropriate by a supervising adult. Please ensure that **your child brings a clean mask to school everyday**. It is also recommended that they bring an extra one, especially on PE days as they tend to get sweaty. Should your child forget their mask, we have additional ones available (including reusable ones).

INFINITE CAMPUS

PARENT PORTAL

Have you created your Parent Portal account? You should have received an invitation via email with activation instructions. Once your account is activated, you will have real-time access to student information, grades, attendance, schedules, and more.

Additionally, you can now view your child's Score Reports for any state assessments (e.g. CAASPP and/or ELPAC) that they have taken.

You can view them by going to More --> Assessments --> Under California Paperless Reporting, select *Language* --> Click "Generate"

PARENT INVOLVEMENT POLICY

The Parent Involvement Policy annual review is a federal compliance requirement. Please take a moment to read the policy and contact Ms Teejay Bersola should you have any feedback and/or questions.

LAS Strategic Plan: PART 4: Parent Involvement Policy

(Based on CDE Parental Involvement Flyer) (Bold and italics are additions based on parent feedback)

P4.1 Conduct an annual meeting to be held during the first trimester of each school year to inform parents of the programs and opportunities available to students through Title 1 and parent's rights to be involved.

P4.2 Provide consistent feedback to families concerning student achievement, ***ensure parent participation during Parent Association, Parent Council, charter committee meetings*** and solicit parent input to guide the planning of Title 1 program opportunities.

P4.3 Make reasonable attempt to provide access to all school related activities and communication for parent with limited English proficiency or physical disabilities and migratory or homeless families

P4.4 Provide parents information regarding grade level multicultural curriculum ***and materials, end of the grade level expectations***, academic assessments and student achievement data during parent/teacher conferences at least twice a year.

P4.5 Establish an English Learner Advisory Committee (ELAC) which will provide input in Title 1 activities.

P4.6 Ensure **LAS staff (i.e. Parent Connector)** facilitate the process of involving parents in the developing/revising the School Parent Involvement Plan, School-Parent Compact, and parent involvement workshops and event opportunities where they learn ways to help in the classrooms.

P4.7 Administer Climate Surveys (Programmatic Audit Surveys) on a yearly basis to evaluate the effectiveness of school programs and parent involvement opportunities. Survey results will be disseminated in variety of ways.

SAFETY DRILLS

Throughout the year we prepare for possible emergencies that might occur during the school day. Below you may find the protocol that our staff and students follow:

FIRE

FIRE ALARM WILL SOUND:

1. Students must line up in a single file line by classroom door.
2. Teachers must account for all students before leaving the classroom and take the safety packet with them.
3. Teachers must close and lock classroom door.
4. Students must be silent as they follow the evacuation route to their designated area (Group A- Front of school or Group B- Field area).
5. Students on the playground or out of their classroom should automatically go to the designated area closest to them. Students should not return to their classroom or building.
6. At the designated area, teacher must account for all students and staff/volunteers and hold up a red card if a student/staff member from their class roster is missing at the moment of the drill or if the teacher has a student/staff member with him/her who is not on their class roster. The teacher must hold up a green card if all students/staff are present and accounted for.
7. When the "All Clear" announcement is heard, everyone must return to their classroom. In a real emergency, no one would return until fire department had verified that it is safe to do so.

INTRUDER

ALERT

- Announcement: "There is an intruder on campus." (Office will make every attempt to give you the exact location of intruder)
- Depending on the information received and your location on campus, choose "Evacuate," "Lockdown," or "Counter" (counter is a last resort).

LOCKDOWN (If lockdown is the best solution, initiate following steps.)

- Everyone must go to the nearest classroom and not return to their own classroom.
 - Scan outside the room and (if safe) bring students/staff inside and LOCK the door.
- Close curtains/blinds
-Cover windows
-Turn off all lights
-Everyone hide
-Remain quiet and calm
-Barricade doors/entrances with furniture
-Prepare to counter (if necessary)

INFORM

- Pay attention to any additional office announcements on the PA system.
- Make a list of students that are present, missing and any additional students/adults in the room.
- When reporting missing or additional students/adults, please state their last name, then first name.
- Await the call of your hub leader regarding student roster.
- PE teachers may also use walkie-talkies to communicate with the office.
- Keep all lines of communication (phone, cell phone, and/or email) open.
- Contact the office if you have information on the intruder and/or intruder location.

COUNTER (last resort)

- If an intruder is able to enter your classroom, do not remain in lockdown position.
- Use classroom objects to protect yourself.
- Disrupt the intruder's focus by zigzagging, running, throwing objects.

EVACUATE (If evacuating all or part of the campus is the best solution, initiate the following)

- Real emergency: If lockdown is secure, do not leave your safe place.
- Real emergency: If able to evacuate safely:
- Lead your class outside the school via opening, gate, window or other exit.
- When safely on campus, lead class to the designated reunification area.
- During a drill, the all-clear message will be announced to end the drill: "All clear."

MARK YOUR CALENDAR

NO SCHOOL: NOVEMBER 11TH

Veterans Day

SPIRIT DAY – CREATIVE SWEATER DAY: NOVEMBER 18TH

Students are encouraged to wear the coolest, most creative sweater they can find or create themselves.

PARENT TEACHER CONFERENCES: NOVEMBER 15TH-19TH

All classes will be on minimum day schedule all week.

NO SCHOOL: NOVEMBER 22ND-26TH

Fall Break



ABOUT US

 Facebook


Mission

The LAS mission is to create a learning environment where students: Utilize bilingualism and biliteracy (Spanish and English) to achieve academic excellence and apply skills in real-world situations and diverse settings. (BILITERACY) Develop and exhibit positive self-esteem, pride, confidence, and respect for themselves and others. (CONFIDENCE AND LIFE SKILLS) Demonstrate leadership skills in order to build bridges between communities and apply critical thinking skills to solve problems, promote social justice, and create change in society. (LEADERSHIP AND CRITICAL THINKING)

Vision

Our vision is to provide an exceptional Spanish-English bilingual education for all students.

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 lasac.info