

Language Academy of Sacramento
Bell Schedule- Shortened Day
2022-2023

Start	End	Class	Non-Instr	Total
Time	Time	Minutes	Minutes	hrs/min

Transitional Kindergarten

Instruction	8:30 AM	9:40 AM	70	
Recess	9:40 AM	9:55 AM		15
Instruction	9:55 AM	12:10 PM	135	
Lunch	12:10 PM	12:30 PM		20
Total Minutes			205	35
				240

Kindergarten

Instruction	8:30 AM	9:55 AM	85	
Recess	9:55 AM	10:10 AM		15
Instruction	10:10 AM	12:00 PM	110	
Total Minutes			195	15
				210

Grade 1

Instruction	8:00 AM	9:55 AM	115	
Recess	9:55 AM	10:10 AM		15
Instruction	10:10 AM	12:30 PM	140	
Total Minutes			255	15
				270

Grades 2 & 3

Instruction	8:00 AM	10:15 AM	135	
Recess	10:15 AM	10:30 AM		15
Instruction	10:30 AM	12:30 PM	120	
Total Minutes			255	15
				270

Grades 4 & 5

Instruction	8:00 AM	10:35 AM	155	
Recess	10:35 AM	10:50 AM		15
Instruction	10:50 AM	12:30 PM	100	
Total Minutes			255	15
				270

Grades 6 - 8

Instruction	8:00 AM	12:30 PM	270	
Total Minutes			270	0
				270