

November Newsletter

LANGUAGE ACADEMY OF SACRAMENTO

IMMUNIZATIONS

We are stronger when we are all protected! Immunization is one way to keep students healthy and safe at school.

FLU and COVID-19 Vaccine: Let's keep all children healthy and learning in the classroom by making sure they are vaccinated against serious diseases like flu and COVID-19. Getting vaccinated remains the best way to prevent these serious illnesses and reduce their spread to others. Vaccines are now available for children 6 months of age and older. Children 5 years of age and older need primary vaccination and an updated (bivalent) COVID-19 booster dose. According to the California Department of Public Health (CDPH) is safe to receive a COVID-19 vaccine at the same time as flu vaccine.

SCHOOL IMMUNIZATIONS: If your child will be entering Transitional Kinder, Kindergarten or 7th grade in the fall of 2023, please ensure that have all the vaccines necessary to enter school.

[Click here to view the California Immunization Requirements](#)

COVID-19 RAPID HOME TEST

We are excited, once again, to announce an opportunity to keep our school community safe! All students and school employees can get free IntelliSwab At-Home COVID-19 tests to use before returning to school after the fall break!

Step 1: Get Materials

- Each box contains 2 tests
- If you have not already, register for Primary Health

Step 2: Test your student

- **Take test one (#1) 3 days (November 24, 2022)** before returning to school
- **Take test two (#2) 1 day (November 27, 2022)** before returning to school
- If you DO have any [COVID-19 symptoms](#) and/or you have HAD had a known exposure to someone with COVID-19, please call your school for the next steps before you return.

Step 3: Share your results on Primary Health!

- Primary Health is a secure website that reports your results to the school and the Health Department.
- Register for Primary Health at the link provided by your school
- No internet? Contact your school or call your results in at (650)275-5419

We wish you a happy fall break and hope everyone stays healthy and safe!



DAILY SCHOOL ATTENDANCE AT SCHOOL IS EXTREMELY IMPORTANT!!

Did you know?

- Starting in kindergarten, missing 10% of school (or just 2 days every month) can make it harder to learn to read and cause children to fall behind in school.
- Good attendance can help children do well in school, and eventually in the workplace.
- Absences can be a sign that a teen is losing interest, struggling with school work, dealing with a bully, or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a teen may drop out of high school.
- Missing 10% (just 2 days each month) can drastically affect a teen's academic success.
- Attendance is an important life skill that will help your teen keep a job and graduate from college.
- Your child's school loses funding when students are absent.

WHAT CAN PARENTS DO?

Communicate with the School

- Contact your child's teacher(s) and let them know how to reach you.
- Make a plan for supporting your child's learning.
- Ask about the school's attendance policy.

- Ask your child’s teacher about your child’s attendance and tell the teacher any concerns you have.

Make School Attendance a Priority

- Monitor your child’s attendance and participation and contact the teacher to address any concerns.
- Make sure your child gets the flu vaccine and other required shots.
- Keep your child home if they have a fever.
- Ask your child to wear a mask if they have a cough or runny nose.
- Find out if your child feels safe. If these are problems, work with your school to find a solution.
- If your child seems bored or anxious about school, talk to teachers, school counselors, or other parents for advice on how to make your child feel safe and excited about learning.
- Plan medical appointments outside of school hours.
- Plan vacations on non-school days (fall break, winter break, spring break, summer)
- Ask for help when you need it. School staff and other parents or community agencies are available to help families access online learning, obtain food or housing and address other experiences that make it difficult to attend and participate.

Help Your Child Stay Healthy and Engaged

- Establish routines for bedtime, waking up, and showing up for class.
- Identify a quiet place for your child to do school work. If you have more than one child, make a schedule.
- Develop backup plans for logging in to the computer if you can’t be there. Find a family member, neighbor, or older child who can help. Community-based organizations might also be able to help.
- **Avoid extended family trips and non-urgent medical appointments when school is in session.**

Help us reach our school wide goal of 97% for daily attendance by ensuring your student arrives at school each day, on time and remains in school the full-day!

What is the average daily attendance for my child’s grade?

TK	Kinder	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
91.89%	93.37%	92.66%	95.36%	95.74%	95.60%	96.05%	95.22%	95.51%	93.56%

LAS Attendance, Infinite Campus, Q1

YOUR VOTE MATTERS

Midterm elections, or midterms, are elections held during the second year of a President’s four-year period in office – in the middle of the Presidential term.

Why do we have midterms, and what’s on the ballot?

We have midterm elections in the United States because, while Presidents are elected every four years, members of the House of Representatives are elected every two years, and members of the Senate are elected every six years.

Many states also hold state and local elections in midterm years, **so it's critically important to vote to elect leaders and weigh in on ballot measures that will impact your community and our country! In 2022:**

- ALL 50 states will elect Representatives
- 36 states will elect governors
- 34 states will elect Senators
- A wide variety of local and state offices

Why are midterm elections important?

While Presidential elections get a lot of attention, the elections happening in midterm years are equally important to ensure we are well represented by our elected officials. Turnout is often lower in midterm election years, which can lead to small, non-representative groups of Americans making outsized decisions about issues like education, housing, criminal justice, policing, and minimum wage.

The midterm elections **can change the makeup of Congress**, significantly impacting how the incumbent president will be able to govern in the second half of their term. Control of the House and Senate is often decided by just a few seats. In 2022, the Senate is 50 Republicans, 48 Democrats, and 2 Independents who caucus with Democrats, plus Vice President Kamala Harris (also a Democrat) as the deciding vote in case of ties. The House currently has 222 Democrats, 211 Republicans, and 2 vacancies.

What do I need to do to be ready for the midterms?

- If you're a new voter, **get registered!** If you've voted before, check to make sure your registration is up to date, especially if you've moved since the last election.
- **Make a voting plan.** Will you vote by mail, or in person? If you want to vote by mail, be sure to request your ballot with plenty of time to spare. Will you vote early, or on Election Day? Do you know where your polling place is and how you'll get there? Do you need to bring your ID?
- Research the offices that will be on your ballot so you're prepared to make an informed decision. While you're at it, **sign up for Election Reminders** from Rock the Vote so you never miss an election.
- **Vote** – in the primary, any runoffs, and the general election – and encourage your friends and family to vote, too!

Rock the Vote, Published February 28, 2022

Helpful Non-Partisan Resources:

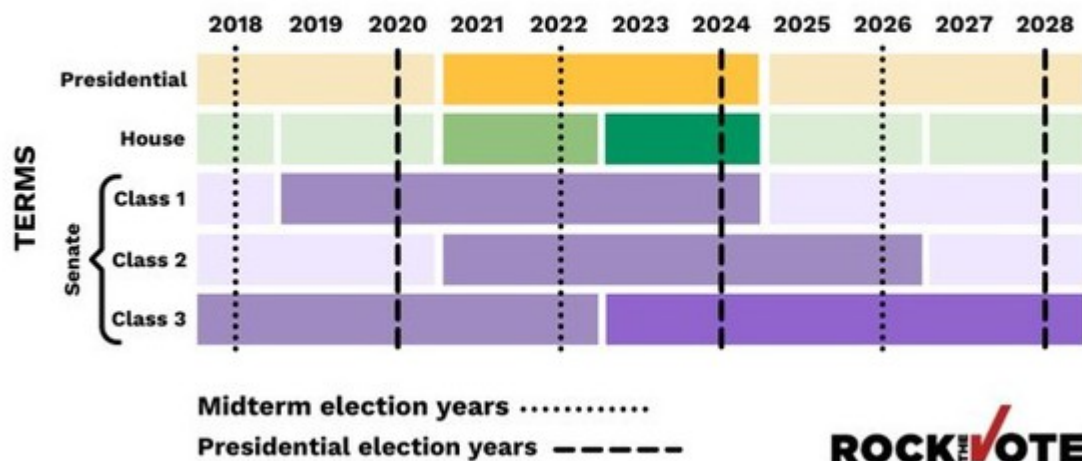
California Secretary of State: www.sos.ca.gov

Rock the Vote: www.rockthevote.org

Vote 411: www.vote411.org

CAL Matters: www.calmatters.org

Chart showing the overlap of Presidential, House, and Senate terms and election years, demonstrating that 2022 is a midterm year because the House and Senate have elections but the President is not up for election.



MARK YOUR CALENDAR

PARENTS AS PARTNERS EVENT: DENTAL HYGIENE - BEST PRACTICES & COMMUNITY RESOURCES

Monday, November 7th at 5:30pm via Zoom

[Click here for details](#)

VETERANS DAY

Friday, November 11th - No school

PARENT TEACHER CONFERENCE WEEK

November 14th-18th

Minimum Day schedule all week

ASES will still be in session

Enrichment classes will NOT be in session

PARENTS AS PARTNERS EVENT: SEL SERIES - POSITIVE DISCIPLINE & RELATIONSHIP BUILDING

Tuesday, November 15th at 5pm via Zoom

<https://us06web.zoom.us/j/3194232792>

FALL BREAK

November 21st-25th

No school



ABOUT US

 Facebook


Mission

The LAS mission is to create a learning environment where students: Utilize bilingualism and biliteracy (Spanish and English) to achieve academic excellence and apply skills in real-world situations and diverse settings. (BILITERACY) Develop and exhibit positive self-esteem, pride, confidence, and respect for themselves and others. (CONFIDENCE AND LIFE SKILLS) Demonstrate leadership skills in order to build bridges between communities and apply critical thinking skills to solve problems, promote social justice, and create change in society. (LEADERSHIP AND CRITICAL THINKING)

Vision

Our vision is to provide an exceptional Spanish-English bilingual education for all students.

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 lasac.info