#### Persons Who Test Positive for COVID-19 (Isolation)

#### Recommended Action

Everyone, regardless of vaccination status, previous infection or lack of symptoms.

- Stay home (PDF) for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a diagnostic specimen\* collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information)

\*Antigen test preferred.

## Persons Who are Exposed to Someone with COVID-19 (Quarantine) Recommended Action

- Unvaccinated\*\*; OR
- Vaccinated and booster-eligible\*\* but have not yet received their booster dose.
- \*\*Includes persons previously infected with SARS-CoV-2, including within the last 90 days.

(See Appendix for definition of booster-eligible)

- Stay home (PDF) for at least 5 days, after your last contact with a person who has COVID-19.
- Test on day 5.
- Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information)
- If testing positive, follow isolation recommendations above.
- If symptoms develop, test and stay home.

# Persons Who are Exposed to Someone with COVID-19 (No Quarantine) Recommended Action

- Boosted; OR
- Vaccinated, but not yet booster-eligible.

(See Appendix for definition of booster-eligible)

- Test on day 5.
- Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)
- If testing positive, follow isolation recommendations above.
- If symptoms develop, test and stay home.

## **Exposed persons, whether quarantined or not:**

- Should consider testing as soon as possible to determine infection status and follow all isolation recommendations above if tested positive. Knowing one is infected early during quarantine enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons ("close contacts") who may also benefit by knowing if they are infected.
- If developing symptoms, should also:
  - o Self-isolate and test as soon as possible (do not wait until 5 days after exposure to retest if symptoms develop earlier); AND
  - Continue to self-isolate if test result is positive, and contact their healthcare provider regarding available treatments and any questions concerning their care.